



Dear Rising K4 Parents,

We are looking forward to having your child join K4 in the fall! To help your child prepare for K4, we've put together a **K4 Summer Packet** filled with fun and educational activities. These resources are designed to keep little minds engaged and to reinforce the important skills we've practiced—such as letter recognition, early reading, number concepts, fine motor skills, and more.

Please keep in mind:

- This packet is optional but highly encouraged.
- Activities are designed to be light, enjoyable, and developmentally appropriate.
- Completing just a few activities each week will go a long way in helping your child feel confident and ready for their big step into K4!

In addition to the packet, we recommend setting aside some time each day for reading, outdoor play, and hands-on exploration. Learning happens in so many ways beyond the classroom!

Thank you again for your support as we prepare for the upcoming school year. We are so excited to see what the future holds for them. Have a safe, happy, and adventurous summer!

Thank you,

Alicia Mikell and Raquel Alvarez

K4 Teachers

August Readiness to prepare for 4K

These are the readiness skills that a 4 year old should be doing to get ready for school in August.

- ☐ Able to write first letter of name
- ☐ Sits attentively and participates in circle time for 15 minutes
- ☐ Able to retell events in a story (beginning, middle, end)
- ☐ Awareness of quantitative concepts (more/less, full/empty, long/short)
- ☐ Able to draw a simple figure
- ☐ Awareness of basic positional words
- ☐ Able to hold a writing utensil with control and color a picture
- ☐ Counts to 10
- ☐ Recognizes and names 4 basic shapes and colors
- ☐ Able to hold scissors correctly and cut along a line with guidance
- ☐ Speak clearly
- ☐ Do his/her best
- ☐ Usually be happy at school
- ☐ Dress independently after using the restroom
- ☐ Notice weather/seasonal changes

End of December Readiness

These are the readiness skills that a 4 year old should be doing by the end of December.

- ☐ Understand and respond to verbal instructions individually or as part of a group
- ☐ Complete an assigned task in a reasonable amount of time
- ☐ Answer questions about stories and rhymes
- ☐ Participates in cooperative play
- ☐ Shows simple problem-solving skills
- ☐ Recognizes his or her first and last name
- ☐ Recognizes numerals 1-10
- ☐ Identify letters of the alphabet (Aa - li)
- ☐ Match upper and lower case letters (Aa - li)
- ☐ Show respect for the property of others
- ☐ Accept change with a reasonable explanation
- ☐ Obey classroom and playground safety rules
- ☐ Walk a straight line - forward

End of May Readiness

These are the readiness skills that a 4 year old should be doing in May

- ☐ Work without disturbing others
- ☐ Match objects or pictures according to color, shape, and size

- ☐ Recognize and match objects and pictures that are alike and different
- ☐ Recognize same and different sounds
- ☐ Writes first name
- ☐ Identify letters of the alphabet (Jj - Zz)
- ☐ Match upper and lower case letters (Jj - Zz)
- ☐ Place 3-5 objects or pictures in sequences
- ☐ Counts to 20
- ☐ Recite his or her address and phone number
- ☐ Recognize rhyming words
- ☐ Zip, button, or snap clothes independently
- ☐ Hop on one foot. Balance on one foot.
- ☐ String beads
- ☐ Work from top to bottom and left to right
- ☐ Understand the meaning of such terms as:
 - ☐ Top - bottom
 - ☐ Taller - shorter
 - ☐ Large - small
 - ☐ Front - back
 - ☐ Over - under
 - ☐ Alike - different
 - ☐ Wet - dry
 - ☐ On - off

4K Readiness end of October

These are the readiness skills that a 3 year old should be doing in OCTOBER

- ☐ Separates from parents easily
- ☐ Uses simple sentences to express wants, needs, and requests
- ☐ Sits attentively and participates in circle time for 5 mins
- ☐ Follows one step routine directions
- ☐ Exhibits bathroom independence (wiping, flushing & handwashing)

4K Readiness end of January

These are the readiness skills that a 3 year old should be doing in JANUARY

- ☐ Respectful of classroom rules
- ☐ Participates in cooperative play
- ☐ Shows simple problem-solving skills
- ☐ Rote counts
- ☐ Sits attentively and participates in circle time for 10 mins
- ☐ Follows one step non-routine direction
- ☐ Shows responsibility for classroom materials

4K Readiness end of May

These are the readiness skills that a 3 year old should be doing in May

- ☐ Able to write first letter of name
- ☐ Sits attentively and participates in circle time for 15 mins
- ☐ Able to retell events in a story (beginning, middle, end)
- ☐ Awareness of quantitative concepts (more/less, full/empty, long/short)
- ☐ Able to draw a simple figure
- ☐ Awareness of basic positional words

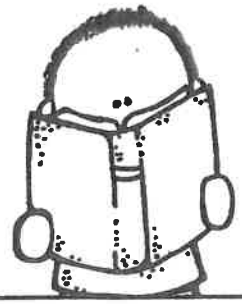
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Read Every Day



Folder

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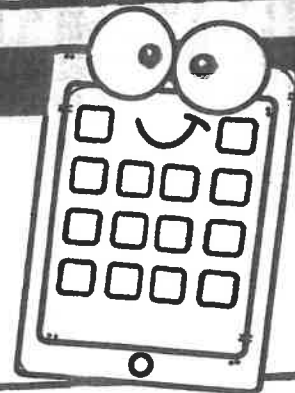
AT HOME LEARNING USING TECH

Apps

Starfall
Learn about letters and sounds.



LetterSchool
Practice writing letters and numbers.



ABCYA
Math, STEM, and literacy games.



Go Noodle
Dance-alongs, yoga, and more. Also on YouTube.



Vooks
Brings books to life with no ads.

(Free for 1 month)
www.vooks.com/parent-resources



Websites & YouTube

Fluency & Fitness
Access to 60+ reading and math topics, plus a video library that incorporates learning & movement.
(Free for 21 days)
<https://fluencyandfitness.com/register/school-closures/>

Brain Pop Jr.
Educational website with videos and activities about science, social studies, literacy, arts, and music.
(Free for 30 days)
<https://jr.brainpop.com/>

Scholastic
Every day includes four separate learning experiences, each built around a thrilling, meaningful story or video (20 days included).
<https://classroommagazines.scholastic.com/support/learnathome.html>

Raz-Kids
Mini readers at various levels and offers Spanish and French too.
(Free for 30 days)
<https://www.raz-kids.com/>

PBS Kids
Songs, activities, and videos that teach.
<https://pbskids.org/>

Cosmic Yoga
Yoga for kids.
<https://www.cosmickids.com/>

YouTube

Harry Kindergarten
Fun songs that teach and help develop self-regulation.

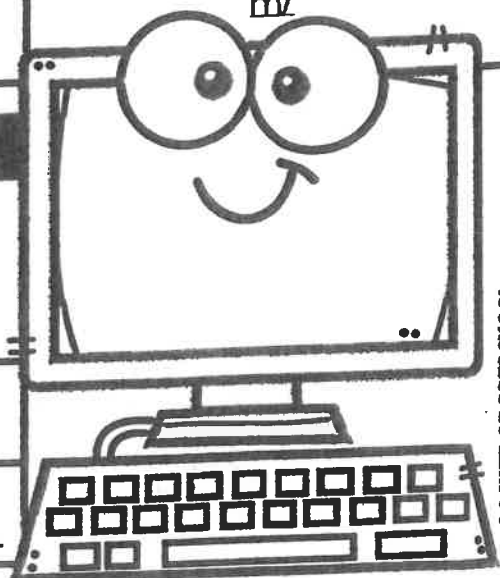
Jack Hartman
Fun songs that teach.

Learning Station
Fun songs that teach.

Super Simple Songs
Classic children's songs.

Dr. Jean
Fun songs that teach.

Mr. B
Letter and counting songs.



MOVEMENT CHOICE BOARD

PICK A SQUARE, DO THE ACTIVITY, AND COLOR THE SQUARE!

Tape or chalk maze! Make a maze on the floor with tape (inside) or chalk (outside) by making lines (ex: straight, zig zag).	Play hockey. Cut a pool noodle in half for the stick and use a laundry basket for a goal.	Do ocean animal walks around. Crawl like a crab, giggle like a jellyfish, swim like a fish. Move slow or fast.	Have a race. Run a race with someone special. Mark the starting and stopping points.	Have a spoon race. Place a cotton ball on a spoon and walk around the house balancing it on the spoon. Don't let it drop.
Ice skate with paper plates. Put a paper plate under each foot. Slide around and ice skate around the house.	Puddle jumps. Place blue paper on the ground. Jump over the puddles.	Set up an obstacle course. Jump over stuffed animals, go through a chair, or go around pots.	Have a parade. March around the house playing instruments. Use pots for drums.	Have a clean up race. Play some music and see how many songs it takes you to clean up.
Build a Fort with pillows and blankets.	Letter musical chairs. Write letters on sticky notes and place on a chair. Play the music and when it stops say the letter you sit on.		Grab a deck of cards. Flip a card and move that many times. You can hop, stretch, jump, spin, stomp, skip.	Do yoga. Try moves like downward dog, star, and pyramid.
Put on a fashion show. Dress up in fun outfits, play music, and dance down the runway. Put towels on the floor for a runway.	Move like transportation. Fly like a plane, chug like a train, race like a racecar. Move fast or slow.	Have a Feather or cotton ball race. Lay on your belly and blow the feather or cotton ball across the floor.	Draw a hopscotch on the ground with chalk or tape. Play hopscotch.	Ride your bike, scooter, or skateboard.
Have a dance party. Play your favorite music and dance to the beat.	Play soccer. Use a laundry basket as a goal. If inside use a beach ball instead of a soccer ball.	Go on a walk with someone special.	Do pet animal walks. Slither like a snake, hop like a bunny, gallop like a horse, pounce like a cat. Move fast or slow.	Play Red Light Green Light.

ART & SENSORY CHOICE BOARD

PICK A SQUARE, DO THE ACTIVITY, AND COLOR THE SQUARE!

Blowing Paint
Water down some paint in cups. Drip the paint on the paper and blow it with a straw.

Noodle Sensory Bin
Place dry noodles in a sensory bin. Add measuring cups, tongs, and bowls to the tub.

Cereal Necklace
Make a necklace with cereal then eat it as a snack.

Cutting Bin
Make a cutting bin. Place strips of paper and ribbon in the bin and let them cut it up into tiny pieces.

Cutting Collage
Make a collage with the tiny pieces from the cutting bin.

Play Dough Cookies
Make pretend cookies with play dough. Put out a rolling pin, cookie cutters, and scissors.

Finger-Paint
Place the paper on a tray or in a tub to contain the mess.

Make Oobleck
Mix together one-part water and two-parts corn starch.

Block Zoo
Build a zoo with blocks for your animals.

Car or Doll Wash
Place water and soap in a plastic tub or bathtub. Add soap, sponges, and toothbrushes.

Homemade Watercolors
Place a marker in a cup of water. Paint with the watercolors.

Giant Self-Portrait
Get a big piece of paper or tape smaller papers together. Trace the child on the paper and color.



Bead or Straw Towers
Place spaghetti noodles or skewers in play dough. Place the beads or cut up straws on the noodles.

Foil Art
Paint or draw with sharpies on foil.

Frozen Paint
Put paint in a ice cube tray with a stick in each cube. Once it's frozen, get it out and paint with it on paper.

Sensory Bin
Make bean or cereal sensory bin. Place dry beans or cereal in a tub with vehicles or animals. Add bowls and tongs.

Monster Sculptures
Make monster sculptures with play dough. Add eyes, arms, and legs.

Sensory Bottle
Fill a plastic bottle half way with water and add a few drops of red food coloring. Fill to the top with vegetable oil. Tape the lid on.

Mask Paper Plate
Cut holes for the eyes and mouth. Decorate with paint, markers, stickers, or paper.

Sensory Bag
Put paint or hair gel in the bag with food coloring. Add glitter (optional). Zip it close. Tape it closed.

Paint with Kitchen Tools
Paint with forks, mashers, whisk, spatulas, or other fun tool you have.

Shaving Cream Art
Draw in shaving cream or whip cream. Place it in a plastic tub, tray, or do it in the bathtub.

Bracelets
String beads or cut up straws on pipe cleaners or string.

Block City
Build a city with blocks. Make houses, stores, and other places you like to visit.

POCKET OF PRESCHOOL

BUILDING LETTERS & WORDS CHOICE BOARD

SET UP IDEAS! WRITE THE LETTER, NAME, OR WORD ON



- plain white paper (place in a page protector to use over and over)
- colored paper
- long paper (comes on a roll, tape it to the floor or wall)
- flash cards

Rainbow Marker Writel Trace each letter with every color in the rainbow.	Tiny Treasures! Find a small item to build the letter/word with (ex: gems, buttons, paperclips).	Tear Paper! Tear up paper into small pieces and glue it to make the letter/word.	Chalk! Go outside or use black paper. Write letters/words with chalk.	
Magnet Letters! Match the letter or build the name with the magnet letters.	Play Dough! Make the name with play dough (roll snakes or pinch small pieces).	Sticker It! Use small dot stickers or any small stickers to make the letter/word.	Q-tip Paint! Use Q-tips and paint to write or dot letters or words.	Shaving Cream! In the tub or on a tray, write the letter/word in shaving cream.
Pens! Write letters or words with pens. Try to fill up the whole page. Write different letters/words or all the same.	Cut Straws! Cut up a few straws then use their pieces to make the letters/words.	Block Letters! Put letters or write letters on blocks. Build words or put the letters in order.	Salt Tray! Put salt in the bottom of a tray or plate. Make the letter/word in the salt with their fingers.	Rainbow Crayon Writel Trace with every color in the rainbow.
Magazine Collage! Cut out letters from store ads or magazines. Match the letters or build a word with the letter.	Car Writing! Write the letters/words with tape on the floor or on a big piece of paper. Drive the car on the letters/words.	Stamp It! Use letter stamps or magnet letters as stamps to stamp matching letters or build words in paint or kinetic sand.	Puzzle It! Write the letters (ex: Aa) or word on a small piece of paper then cut up in pieces. Then put the puzzle together.	Mystery Writel Write the letters or names with a white crayon. Then paint over it with watercolor to make it appear.

FUN WRITING ACTIVITIES

Family List! Make a list of everyone in your family with words and pictures.	Make a Card! Make a card for someone special using pictures and words.	Make a Book! Staple pieces of paper to make a book. Then use pictures and words to make the book.	Shopping List! Make a shopping list with pictures and words.	Make an ABC Book! Staple pages together to make a book. Then write the alphabet to make the book.
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