



FALL BASKETBALL WORKOUTS AT BLESSED SACRAMENT!

Join Future Basketball Stars Inc. and former Division I Coach Brian Judski as he brings 20 years of experience in fundamental basketball training. Enjoy high-volume and high-repetition drills that are certain to improve your skills! FBS has trained over 3000 athletes and we would like to train YOU!

What: Eight one-hour basketball skill training workouts

Who: K-8th Grade Boys and Girls

Time: 3-4 pm (K-3rd graders) 4-5 pm (4th-8th graders)

Day: Wednesdays

Dates: Sept. 7, 14, 21, 28; Oct. 5, 12, 19, 26

Cost: \$200

*Each workout will be limited to first 12 registrants per group.

FBS Workouts

K-8th Graders

**Increase your Skills!
Build your Confidence!**

**Dribbling, Passing,
Shooting, Defensive
Drills!**

**Become a better
player during the off-
season!**

To register, please go to www.futurebasketballstarsinc.com:



Questions?? Call Coach Judski at 716-517-7193

www.futurebasketballstarsinc.com

futurebasketballstars@gmail.com