



# SOCCER K3-K5

Our soccer program is designed for preschoolers ages 3 to 5. Each week, our coaches, Katherine and Kim, will teach a new soccer skill through fun, themed activities while also encouraging character traits like courage, patience, and sharing.

## LESSONS INCLUDE

- ✓ Learn the basics: dribbling, passing, and shooting
- ✓ Practice teamwork and good sportsmanship
- ✓ Play fun games that build skills and confidence

**TUESDAYS 3:15PM-4:00PM • SEPT. 9-NOV. 25**  
**\$275 PER SEASON**

Soccer fees will be billed via FACTS September 9<sup>th</sup>. Deadline to sign-up is August 29<sup>th</sup> and is limited to 16 students on a first-come, first-served basis.

**REGISTER NOW** by emailing Coach Kat at [Katherine@tealheron.com](mailto:Katherine@tealheron.com)



Katherine Underwood has played soccer for over 30 years and has coached both girls' and boys' teams with Cainhoy Youth Soccer Club and West Ashley Rec teams. She holds a U.S. Soccer National E Coaching License and has even spent time on the field as a referee. Katherine has been a parishioner at Blessed Sacramento for 14 years and is a proud mom of two young boys, one of whom attends the school.



Kim Frizelle grew up playing soccer at Bishop England and recently served as an assistant coach for 5-year-olds at JIYSC. She's also a Blessed Sacramento teacher and a proud mom to two young boys, ages 2 and 4, who keep her on her toes with daily backyard soccer.

